



**CEDARS-SINAI MEDICAL GROUP**

# SMOKING CESSATION CLINIC

There's no better time to **STOP SMOKING**

Smokers who receive assistance from a clinician are twice as likely to quit successfully for 5 or more months. - US Dept of Health and Human Services, 2008

Contact the Smoking Cessation Clinic to receive:

- One-on-One counseling with a Clinical Pharmacist, to provide individualized smoking cessation plan
- Strategies for behavior modification and how to control cravings/withdrawal symptoms
- Prescription for medications or nicotine replacement therapies when appropriate
- Carbon monoxide level monitored at each visit

**Fees: \$25.00 per visit**  
(usually 4 visits are needed)  
Services not covered by insurance



To schedule an appointment call:

**(310)385-3534**

(voice mail option 3)

**"In the United States, tobacco use is responsible for nearly one in five deaths"**  
Cancer Facts and Figures 2006

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