CANCER SUPPORT GROUPS

The physicians, nurses and other professionals who staff the Cedars-Sinai Cancer Program know that serious illness can take a toll on the spirit, as well as the body. They are dedicated to creating a caring and compassionate environment for patients.

As patients, their families and friends undergo the stress and emotional strain of a serious illness, they may wish to take advantage of the many support groups available through Cedars-Sinai Medical Center.

All groups are free of charge.

- **Brain Tumor Educational Support Group**
  This group meets quarterly and is offered in conjunction with The Wellness Community. The group is open to patients, their family members and friends. For more information, contact (310) 423-0837.

- **Breast Cancer Support Services**
  For more information on breast cancer related individual and group counseling, breast buddies and educational classes, contact (310) 423-9331.

- **Cancer-Specific, Age and Cultural Group Resources**
  There are also cancer-specific support organizations, as well as organizations categorized by age and cultural groups and community cancer organizations who offer support and services to persons with cancer, their caregivers, family and friends. For more information, contact (310) 423-0639.

- **Gynecologic Cancer Support Group**
  This group meets twice a month and is for women with cancers of the reproductive tract. For more information, contact (310) 423-3348.

- **Hospice Caregivers Support Group**
  This group meets weekly for the caregivers, family and friends of cancer patients. For more information, contact (310) 423-9534.

- **Latino Cancer Survivors’ Support Group**
  This group meets twice a month to address specific emotional and cultural needs. It is conducted in Spanish by a licensed facilitator from The Wellness Community. For more information, contact (310) 423-5351.

- **Lung Cancer Support Group**
  This group meets monthly for early stage lung cancer patients (Stages I & II). For more information, call (310) 423-1850.

- **Prostate Cancer Support Group**
  For more information on this monthly group call (310) 423-0350.

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CSMC CANCER RESOURCES

Self Empowerment:

- **Appearance and Self-Esteem Resources**
  Cancer and its treatment can change the way you look and, consequently, the way you feel about yourself. The Cedars-Sinai Comprehensive Cancer Center provides services, sources and accessories to help you look your best during and after treatment. For information, call: (310) 423-0638.

- **Hypnosis Training**
  Offered monthly to all cancer patients. For information, call: (310) 423-0638.

- **Look Good. . . Feel Better**
  Cedars-Sinai’s Look Good. . . Feel Better program is offered several times a year. For information, call: (310) 423-9457

Other CSMC Resources:

- **Chaplaincy Services**
  Cedars-Sinai Chaplaincy Services provide in-hospital spiritual support for persons of all faiths. For information, call: (310) 423-5550.

- **Food and Nutrition Services**
  The Nutrition Counseling Center at Cedars-Sinai evaluates each hospitalized patient’s dietary needs. For information, call: (310) 423-3444. They can also make referrals to the appropriate CSMC outpatient nutritional center.

- **GenRISK® Program**
  The GenRISK® Program provides genetic risk assessment, diagnosis, testing and counseling for cancer susceptibility genes. For information, call: (310) 423-9913.

- **Hospice Program**
  The Hospice Program at Cedars-Sinai offers comprehensive care to terminally ill patients. It also provides maximum comfort and emotional support for patients and families, as well as assistance with end-of-life issues. For information, call: (310) 967-1902.

- **Medical Social Work Department**
  The Department of Medical Social Work helps with the personal, family and financial issues of illness. For more information, call: (310) 423-4446.

- **The Pain Center**
  The Pain Center at Cedars-Sinai provides patients with specialists who are skilled in controlling pain. For more information, call: (310) 423-9600.

- **Psychiatry Liaison Services**
  Cedars-Sinai’s Psychiatry Liaison Services provides personalized counseling and support. This service requires a physician’s referral. For information, call: (310) 423-3465