**MEDICATION:** Theophylline (Theo-Dur®, Slo-phyllin®, Slo-bid®)

**USES:** To treat asthma

**ADMINISTRATION:** Oral

**Warnings:**
- Inform your doctor if you are:
  1. allergic to any food or medicine,
  2. taking any non-cancer related prescriptions or over the counter drugs
- Ask your doctor or pharmacist before using any new medications including:
  - prescriptions, over-the-counter drugs, vitamins or herbal supplements.

**Additional Instructions:**
- Do not chew slow-release brands of this medicine, e.g., Theo-Dur, Slo-bid, Somophyllin-CRT.
- This medicine will not work well if you eat more protein than usual. Try to eat about the same amount of high-protein food each day. Foods that are high in protein include:
  - meat
  - poultry
  - fish & shellfish
  - eggs & egg substitutes
  - milk & foods made with milk
  - yogurt
  - cheese
  - dried beans and peas (legumes)
  - nuts & nut butters
  - formula supplements
- You may need more of this medicine if you eat a lot of char-broiled meat. Tell you doctor if your diet changes.
- For Theo-24 only: Do not take this medicine with a high fat meal or snack.
- Do not take this medicine with foods or beverages containing caffeine, such as:
  - coffee
  - cola or other soda with caffeine
  - tea
  - chocolate