**MEDICATION:** Prednisone

**USES:** To treat asthma, serious skin problems, arthritis and allergic reactions and to minimize the side effects of chemotherapy

**ADMINISTRATION:** Oral

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**Potential Side Effects:**
- Increase in white blood cell count, blood sugar and blood pressure
- Increased appetite and fluid retention resulting in possible weight gain and leg swelling
- Increased risk of infection
- Stomach irritation
- Loss of muscle mass and strength in upper thighs
- Sleep disturbances, hyperactivity, increased irritability, changes in mood and psychosis
- Increased facial hair
- Fracture of weight bearing bones
- Glaucoma
- Increased tendency to get blood clots
- Acne

(The side effects listed above are those that occur most frequently. Other side effects may occur; please contact your doctor to report any new medical problems!)

**Warnings:**
- Inform your doctor if you are:
  1. allergic to any food or medicine,
  2. taking any non-cancer related prescriptions or over the counter drugs
- Ask your doctor or pharmacist before using any new medications including: prescriptions, over-the-counter drugs, vitamins or herbal supplements.

**Additional Instructions:**
- Always take this medication with food.
- Avoid alcohol.
- **Do not suddenly stop taking this medication.** Call your doctor if you accidentally miss a dose.