



CEDARS-SINAI MEDICAL CENTER®

Instructions for Blood Collection – ADULTS

1. Collect the following tubes on the above named person(s). Please label each tube with the person's name, date of birth and the date drawn.

2 Purple top tubes (EDTA)

2 Yellow top tubes (ACD)

2. Samples should be placed in absorbent packaging and closed securely.
3. Please be sure tubes are secured and in packaging so they will not break during transport.
4. All blood can be shipped at room temperature.
5. Place packaged tubes into express mail package, and send **NEXT DAY** delivery to the following address:

Arleen Hernandez
Medical Genetics Institute
Cedars-Sinai Medical Center
Pacific Theatres Bldg.
International Skeletal Dysplasia Registry
116 N. Robertson Blvd. 4th Floor
Los Angeles, CA 90048
Phone: (310) 423-9915

Please express mail samples the same day as collected for delivery the next day.

Special Circumstances:

If a sample is drawn on a Friday or the day before a holiday, please contact us to make special arrangements for delivery.

The purple top tubes should be refrigerated until shipped.

The yellow top tubes should be stored at room temperature until shipped.

Express mail samples on Monday or the next business day.

6. If you or the healthcare professional collecting your blood has any questions, please call our office at (310) 423-9915.