



CEDARS-SINAI MEDICAL TIP SHEET: Feb. 2002

LINDA BURNES BOLTON, DrPH, RN APPOINTED TO NATIONAL ADVISORY COUNCIL BY HHS SECRETARY TOMMY THOMPSON

Linda Burnes Bolton, DrPH, RN, Vice-President and Chief Nursing Executive of Cedars-Sinai, has been appointed to the National Advisory Council on Nurse Education and Practice by U.S. Health and Human Services Secretary Tommy G. Thompson for a 3-year term beginning in February 2002. The Council is authorized under Title VIII of the Public Health Service Act to provide advice and recommendations to the Secretary and Congress concerning issues relating to nurse workforce, education and practice improvement. Burnes Bolton, a nationally-recognized expert on nursing and nurse-staffing, has published numerous articles and publications and served on expert panels convened by Congress to provide recommendations on nursing education and practice funding. Burnes Bolton is a member of the California Nursing Outcome Coalition, an investigative team researching nurse staffing and patient care outcomes, and the National Black Nurses Association, Inc.

THE COMING PLAGUE: HOW PHYSICIANS ARE PREPARING FOR THREATS OF BIOTERRORISM

Since the outbreak of anthrax cases last year, health care professionals have been taking steps to prepare for bioterrorism threats, including the development of disaster readiness plans, emergency communication networks and medical staff education. "When I first heard about the outbreaks, my initial thoughts were about what we need to do (at the medical center) to prepare our physicians and staff and, as a clinician, how am I going to treat patients," says Rekha Murthy, M.D., Director of Hospital Epidemiology at Cedars-Sinai Medical Center. At Cedars-Sinai, hospital administrators are working with public health officials and experts to maintain the level of awareness regarding bioterrorism threats, including the ongoing, up-to-date physician education. Such education is designed to share the latest information and technologies with physicians regarding the detection and treatment of biological or chemical agents. As part of Cedars-Sinai Continuing Medical Education, a medical staff presentation on February 21 will feature Dennis Maki, M.D., from the University of Wisconsin School of Medicine and an internationally known infectious disease expert, to help prepare medical staff for potential bioterrorism threats.

FUTURE LOOKS BRIGHT FOR YOUNG UPLAND MAN 2 YEARS AFTER SURGEONS AT CEDARS-SINAI'S MAXINE DUNITZ NEUROSURGICAL INSTITUTE REMOVE TUMOR LOCATED IN THE CENTER OF HIS BRAIN

Discovering at age 18 that he had a malignant brain tumor was "pretty crazy, pretty scary," says Tommy Phillips of Upland, CA. But thanks to advanced brain mapping and diagnostic techniques, combined with the specialized expertise of a team of neurosurgeons at Cedars-Sinai Medical Center's Maxine Dunitz Neurosurgical Institute, the future today looks bright for this young man two years after his surgery.

CHAIR OF THE AMERICAN COLLEGE OF CARDIOLOGY'S PREVENTION OF CARDIOVASCULAR DISEASES COMMITTEE OFFERS A DOZEN "SWEET" HEART TIPS FOR WOMEN

Heart disease and heart attacks claim the lives of more American women than men each year, and pose a greater threat to American women than all forms of cancer combined. Unfortunately, many women do not know that the symptoms of a woman having a heart attack can be significantly different from those of a man. For example, while most women can identify some of the warning signs of a heart attack in men, only 10 percent of women surveyed mentioned nausea, which is a common symptom in women having a heart attack. C. Noel Bairey Merz, M.D., is Holder of the Women's Guild Chair in Women's Health at Cedars-Sinai Medical Center, Medical Director of the Women's Health Program at Cedars-Sinai, and Chair of the American College of Cardiology's Prevention of Cardiovascular Diseases Committee. She also serves as national spokesperson for the nationwide VHA Women's HeartAdvantage Campaign and offers a dozen "sweet" heart tips that pertain specifically to women.

AFTER 15 YEARS OF SUFFERING, MINIMALLY INVASIVE SKULL BASE SURGERY GIVES BIRMINGHAM WOMAN WITH DEBILITATING FACIAL PAIN A NEW MISSION IN LIFE

Fifteen years after she was incorrectly diagnosed with TMJ disorder, Juanita Caldwell, age 75, of Birmingham AL, learned that her incapacitating facial pain was not caused by TMJ at all. Instead she had been suffering from trigeminal neuralgia, an often-misdiagnosed disorder that is universally considered to be the most painful affliction known to adult men and women. Historically, treatment modalities have been only moderately effective, but a new type of minimally invasive and highly specialized skull base brain surgery called Endoscopic Vascular Decompression can eliminate pain immediately and give patients back their lives.

CEDARS-SINAI MEDICAL CENTER SELECTED TO BE CALIFORNIA'S EXCLUSIVE HOSPITAL PARTICIPANT IN VHA'S NATIONWIDE "WOMEN'S HEARTADVANTAGE" CAMPAIGN; C. NOEL BAIREY MERZ, M.D., NAMED NATIONAL SPOKESPERSON

In an effort to help women learn more about the symptoms and treatment of heart disease and heart attacks – which claim the lives of more American women than men each year, and which pose a greater threat to American women than all forms of cancer combined – Cedars-Sinai Medical Center has teamed with VHA and hospitals nationwide in a program known as the "Women's HeartAdvantage Campaign." Cedars-Sinai is the campaign's exclusive hospital participant in California. C. Noel Bairey-Merz, M.D., Holder of the Women's Guild Chair in Women's Health, Medical Director of the Women's Health Program at Cedars-Sinai Medical Center, and a board-certified cardiologist, has been named national spokesperson for this campaign.

AFTER BRAIN TUMOR IS REMOVED AT CEDARS-SINAI'S MAXINE DUNITZ NEUROSURGICAL INSTITUTE, RESIDENT OF KANSAS CITY, MO, KEEPING HIS SPIRITS HIGH – FOR HIS SAKE AS WELL AS FAMILY AND FRIENDS

A few weeks before Christmas, 22-year-old Walter Canady of Kansas City, MO, underwent surgery at Cedars-Sinai Medical Center's Maxine Dunitz Neurosurgical Institute in Los Angeles to remove an aggressive type of malignant brain tumor. Today he is back home in Kansas City, feeling optimistic about the future and grateful to his neurosurgeon, Dr. Keith Black, who Canady says turned his life around.

ORTHOPEDIC SURGEON NAMED DIRECTOR OF ORTHOPEDIC TRAUMA AT CEDARS-SINAI MEDICAL CENTER

Brian D. Solberg, MD, has been recruited by Cedars-Sinai Medical Center to serve as director of orthopedic trauma. A graduate of Westminister College in Pennsylvania, Dr. Solberg earned his medical degree at the University of Maryland, Baltimore, before completing a surgery internship and an orthopedic surgery residency at Yale University's School of Medicine. He completed a fellowship in orthopedic trauma at the University of California, Davis.

TEAM LA FROM CEDARS-SINAI PARTICIPATES IN NBC'S TODAY SHOW "GET FIT TODAY" SERIES TO LOSE WEIGHT AND GET IN SHAPE!

A team of five employees from Cedars-Sinai Medical Center are representing Los Angeles on the Today Show 8-week "Get Fit Today" Series where four teams from across the country compete to lose pounds and inches through healthy diet and exercise. In January, Team LA weighed in at 951 pounds collectively. Since then, they have lost a total of 50 pounds! With the help of Cedars-Sinai's Weight Management Program and Nutrition Counseling Center, Team LA has committed to losing weight the *healthy way*. As Cedars-Sinai celebrates its Centennial in 2002, Team LA's goal is lose 100 pounds collectively to honor 100 years of Cedars-Sinai leading the quest for health. Team LA available for interview: Edward Prunchunas – Senior Vice President, Chief Financial Officer, Johnny Hagerman – Communications Specialist, Nordene Smith-Hayles – Volunteer Coordinator, Star Brown – Nurse, and Jeannette Hartman – Senior Web Developer. Also available for interview: Netty Levine – Registered Dietician at Cedars-Sinai Medical Center

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