



## CEDARS-SINAI MEDICAL CENTER TACKLES WOMEN'S ISSUES IN INFLAMMATORY BOWEL DISEASE

**WHAT:** Cedars-Sinai hosts "Tackling Women's Issues in Inflammatory Bowel Disease," a conference for women with IBD and their families.

**WHEN:** Saturday, March 1, 2003 -- 9:00 a.m. to 3:30 p.m.

**WHO:** **Key physicians, researchers and surgeons** discuss topics that include the impact of IBD on relationships and sexual health; maintaining femininity following IBD surgery; getting pregnant and staying pregnant; novel therapies to treat IBD; alternative approaches to IBD therapies; nutritional health and maintaining healthy bones.

**Marla C. Dubinsky, M.D.**, Director, Pediatric Inflammatory Bowel Disease Center

**Maria T. Abreu, M.D.**, Director, Basic & Translational Research, Inflammatory Bowel Disease Center

**John S. Adams, M.D.**, Director, Division of Endocrinology, Diabetes & Metabolism

**Rena Ellen Falk, M.D.**, Director, Prenatal Diagnosis Center

**Mary Hardy, M.D.**, Medical Director, Integrative Medicine Program

**Erin Horowitz, R.D.**, Clinical Nutrition Services

**Beth Moore, M.D.**, Colorectal Surgeon

**Neil S. Silverman, M.D.**, Medical Director, Inpatient Obstetric Services

**Amy B. Trachter, PsyD, Ph.D.**, University of Miami School of Medicine

**Patient:** Sue Jenkins, of Bakersfield, California, is a nuclear radiology technologist, happily married and a mother of three children. At the age of 20, Sue was diagnosed with IBD and has undergone various treatments ever since. During this time, Sue faced numerous challenges maintaining her sense of femininity and sexuality. When it was determined that conventional treatment would not correct the problem, Sue chose the only form of surgery that would help her – a colostomy. Learn how she maintains her femininity and sexual intimacy following this drastic surgery.

**WHERE:** Cedars-Sinai Medical Center  
Harvey Morse Auditorium, Plaza Level, South Tower  
8700 Beverly Blvd.  
Los Angeles, CA 90048

**BACKGROUND:** Approximately one million Americans suffer from inflammatory bowel disease, a condition caused by chronic inflammation of the intestinal lining. Although the disease affects as many women as men, women with IBD face a number of unique challenges, including possible problems with osteoporosis, fertility, and pregnancy. The disease can also greatly impact a woman's sense of femininity, which affects her relationships and sexual health.

**INTERVIEWS:** To attend the conference or schedule an interview, please contact Kelli Stauning at 310-423-3674 or via e-mail at [kelli.stauning@cshs.org](mailto:kelli.stauning@cshs.org).