



CEDARS-SINAI MEDICAL CENTER.

Department of Medicine
Division of Rheumatology

Sponsors

The James R. Klinenberg, MD Symposium on Rheumatic Diseases

A symposium for primary care physicians, family physicians and
internal medicine specialists who do primary care.



Saturday, March 8, 2008

7:30 am to 3:30 pm

The Balboa Bay Club
1221 West Coast Highway
Newport Beach, CA 92663

Activity Information

Course Description

This one-day symposium is designed to provide up-to-date information on how to recognize, diagnose, treat, and manage common rheumatologic conditions. Primary care physicians or those that provide primary care to their patients are the target audience. We will emphasize early diagnosis, identification of risk factors for prognosis, intervention early rather than later, and side effects or toxicities to treatment strategies.

A partnership between primary care physicians and rheumatologists is critical to identify situations that require immediate management as well as when time is not so important. We will emphasize the role of pain management in certain conditions like osteoarthritis and fibromyalgia, new paradigms for treatment of inflammatory joint diseases, and the latest advances in our understanding of the consequences of osteoporosis.

Our always popular hands-on sessions with the experts will again emphasize office-based practices such as joint examinations and injections, how to deal with the patient who presents with a single swollen joint or many swollen joints, what to do with a positive ANA or Rheumatoid Factor, popular alternative/complementary medicine approaches, and sports medicine issues. Finally, we will present a noon lecture during lunch where the problem of pulmonary hypertension will be addressed.

Educational Objectives

- Reduce drug dependence in fibromyalgia patients, eliminate “doctor-shopping” for patients, and improve quality of life for these patients and their families
- Identify pulmonary hypertension in its early stages with the possibility of treating reversible causes and applying management strategies with the latest advances in invasive and pharmacological management
- Implement rheumatologic testing in diagnostic and screening situations to eliminate diagnostic errors as well as false positives and false negatives; developing these skills will avoid unnecessary and repeated tests that increase cost and patient anxiety as well as inappropriate and wasteful referrals.
- A single swollen hot joint is a rheumatologic emergency that could lead to disastrous long term consequences for the patient if infectious arthritis is not treated promptly and adequately; diagnosing gout and pseudogout may be missed and the patient can suffer continued pain unnecessarily.
- Use imaging and other tests in a cost-efficient manner to diagnose serious and potentially reversible causes (tumor, infection, inflammatory conditions) of back pain. Diagnose and manage nerve root impingement syndromes and implement proper use of invasive techniques and surgical interventions.
- Diagnose osteoporosis correctly and accurately with the latest advances in imaging and laboratory studies, and then apply management strategies according to risks and benefits
- Manage the pain and morbidity of osteoporotic fractures in order to improve the quality of life for these patients
- Apply a management plan for osteoarthritis that takes into consideration co-morbidities of the patients, risks of drug treatments and their side effects, and make use of non-pharmaceutical management strategies when appropriate.
- Appraise and analyze the prognosis of each individual patient with rheumatoid arthritis, making use of laboratory and other testing, and institute management strategies to reduce the risk of accumulated and loss of function.
- By demonstrating confidence and skill in soft-tissue and joint injection techniques, you will avoid making errors in the management of soft-tissue conditions and aspirate joints for diagnostic as well as therapeutic reasons.
- Examine joints and surrounding soft-tissue more effectively in order to make distinctions among various acute and chronic rheumatic conditions and to initiate a proper treatment program for your patient

Accreditation Statement

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement

Cedars-Sinai Medical Center designates this educational activity for a maximum of 6.5 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the educational requirements for license renewal.

Acknowledgment

Commercial support for this meeting is pending. Companies who support this CME activity with educational grants will be acknowledged verbally and at the conference.

Agenda

- 7:30 a.m. **Registration and Continental Breakfast**
- 7:50 **Introduction and Overview**
Michael Weisman, MD
- 8:00 **Osteoporosis – How to Diagnosis and Treat**
Stuart Silverman, MD
- 9:00 **Rheumatoid Arthritis – Can We Cure or Even Prevent It?**
Michael Weisman, MD
- 10:00 **Break**
- 10:30 **Fibromyalgia – A New Paradigm for Management**
Daniel Wallace, MD
- 11:30 **Osteoarthritis and Pain Management – What is New**
David Silver, MD
- 12:30 p.m. **Lunch and Lecture**
How to Approach Pulmonary Hypertension - Diagnosis and Management
Michael Lewis, MD
- 2:00 **Hands On Sessions with the Experts: Workshops ***
- How to do a joint examination
 - How to perform joint injections
 - How to evaluate a patient with a single hot joint
 - Back Pain – How to diagnose and treat
 - How to evaluate a patient with acute polyarthritis
 - Complementary and Alternative Medicine
 - Lupus and APS syndrome – What is new
 - Spondyloarthritis – What is new today
- Faculty: Dahlia Carr, MD; Basil Clyman, MD; Elayne Garber, MD; David Hallegua, MD; Mariko Ishimori, MD; Allan Metzger, MD; Bruce Miller, MD; Nouri Parhami, MD; George Sarka, MD; Boris Ratiner, MD; Richard Ress, MD; Renee Rinaldi, MD; Marilyn Solsky, MD; Tom Susko, MD; Swamy Venuturupalli, MD; Keyvan Yousefi, MD*
- 3:30 **Adjournment**

*Workshops: Sessions will last up to 45 minutes

PLEASE INDICATE YOUR CHOICE OF WORKSHOPS ON THE REGISTRATION FORM

Registration

Fees:

	Early Registration (postmarked or faxed by Feb. 25, 2008)	Late and On Site (postmarked or faxed after Feb. 25, 2008)
Physicians	\$90	\$115
Allied Healthcare Professionals	\$60	\$ 75
Residents/Fellows:	No Charge*	

*Registration (cannot be done online) must be postmarked by January 25th, 2008 and include written proof of residency (a letter from your Program Director). Registrations postmarked after January 25th, 2008, will require a \$75 fee.

CME credit, course materials, continental breakfast, breaks, lunch, and complimentary valet parking (no overnight parking) are included with the registration fee.

Four methods for registering



Mail registration form and payment (with checks made payable to Cedars-Sinai Medical Center) to:

Cedars-Sinai Medical Center
Office of Continuing Medical Education
Attn: Barbara Stokes
8797 Beverly Boulevard, Suite #250
Los Angeles, CA 90048



Online registration at: www.csmc.edu/cme and click on online registration



Fax completed registration form with credit card information to (310) 423-0309



Phone registration for credit card payments only to (310) 423-5548

Confirmation:

In order to receive a confirmation letter for registrations received by February 25, 2008, please provide your email address or fax number. If you do not receive a confirmation by March 3, please call (310) 423-5548 to confirm that you are registered.

Refund Policy:

All cancellations must be submitted in writing and refunds will be subject to a \$25 administrative charge. No refunds will be given after Friday, February 22, 2008.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

For further information, please call the Office of Continuing Medical Education at (310) 423-2935 or email: stokes@cshs.org

Registration Form

The James R. Klinenberg, MD Symposium on Rheumatic Diseases

Saturday, March 8, 2008

Please Print Clearly

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____ Fax: () _____ E-mail: _____

Specialty/Area of Interest: _____ Degree: MD DO RN PA Other _____

Payment Method:

Check (payable to CSMC) Amount: \$ _____ Credit Card: Visa MasterCard American Express

Credit Card Number: _____ Exp. Date: _____ Amount: \$ _____

Name on Card: _____

Authorized Signature: _____

WORKSHOPS – CHOOSE TWO SESSIONS (selection assignment is based on availability)

Hands On Sessions with the Experts: Workshops *

- | | |
|--|---|
| <input type="checkbox"/> "How to do a joint examination" | <input type="checkbox"/> "How to evaluate a patient with acute polyarthritis" |
| <input type="checkbox"/> "How to perform joint injections" | <input type="checkbox"/> "Complementary and Alternative Medicine" |
| <input type="checkbox"/> "How to evaluate a patient with a single hot joint" | <input type="checkbox"/> "Lupus and APS syndrome – What is new" |
| <input type="checkbox"/> "Back Pain – How to diagnose and treat" | <input type="checkbox"/> "Spondyloarthritis – What is new today" |

Faculty: Susan Baker, MD; Dahlia Carr, MD; Basil Clyman, MD; Elayne Garber, MD; David Hallegua, MD; Mariko Ishimori, MD; Allan Metzger, MD; Bruce Miller, MD; Nouri Parhami, MD; George Sarka, MD; Boris Ratiner, MD; Richard Ress, MD; Renee Rinaldi, MD; Allen Salick, MD; Marilyn Solsky, MD; Tom Susko, MD; Swamy Venuturupalli, MD; Keyvan Yousefi, MD

Faculty

Michael H. Weisman, MD*Course Director*

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Professor of Medicine
David Geffen School of Medicine at UCLA
Professor of Clinical Medicine Emeritus
USCD School of Medicine, San Diego, CA

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Conference Location



Balboa Bay Club and Resort

1221 Coast Highway
Newport Beach, CA 92663
949.645.5000
Toll-Free 888.445.7153

Hotel Accommodations

A very limited number of rooms are being held for our conference attendees at a rate of \$250 per night. Please call Hotel Reservations at the toll free number 888-445-7153 and ask for the Cedars-Sinai Conference rate.

Driving Directions:

From The North:

Take Route 5 or 405 South to 55. Follow south on the 55 to Coast Highway. Proceed southbound on Coast Highway to the resort.

From The South:

Take Route 5 to 405 North, then exit on Jamboree. Follow Jamboree south to Coast Highway. Turn right on Coast Highway to the resort.



CEDARS-SINAI MEDICAL CENTER.
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