



CEDARS-SINAI MEDICAL CENTER®

Obstetrics and Gynecology

PRENATAL DIAGNOSIS CENTER

444 SOUTH SAN VICENTE BLVD SUITE 1002 & 1004
LOS ANGELES, CA 90048

(310) 423- 3366 9:00am-5:00pm (Daytime) (877) 841-8026 TOLL FREE (After Hours)

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|---|--|
| <input type="checkbox"/> Kimberly Gregory, MD | <input type="checkbox"/> Dotun Ogunyemi, MD |
| <input type="checkbox"/> Calvin Hobel, MD | <input type="checkbox"/> John Williams III, MD |
| <input type="checkbox"/> Deborah Krakow, MD | |

POST AMNIOCENTESIS INSTRUCTIONS

A. SIGNS TO WATCH OUT FOR

1. **CRAMPING:** It is normal to experience some mild cramping or pressure sensations the day of the procedure. If you have severe or persistent pain, please call us.
2. **FEVER:** Fever may indicate infection. If you notice that you have a temperature (greater than 100.4 degrees Fahrenheit) at any time in the next two weeks following your procedure, you need to notify us. (Even if you think it may be related to something other than your procedure).
3. **LEAKAGE OF ANY FLUID:** If you notice any clear fluid leaking from your vagina, or if you have any bleeding, you need to notify us.

B. ACTIVITY

The first 24 hours following your procedure, you will need to stay off your feet. Then, for 4-5 days it will be necessary for you to avoid any strenuous activities such as heavy lifting (including children), exercise and sexual intercourse. Do not travel for at least one week following your procedure.

C. RESULTS

The results of your Amniocentesis will be available in 2-2 ½ weeks following your procedure. These results are called to your physician. The physician will call you with these results.