

Endocrinology Consult Service

ME 225.99

General Information

COURSE CHAIR: Odelia Cooper, MD

STUDENT COORDINATOR'S CONTACT INFORMATION:

PHONE: 310-423-5161 ***EMAIL:** GroupMedicineEducationAdmin@cshs.org

STUDENTS/PERIOD: Max: two Min: one

DURATION: Three weeks

Please visit our [VSLO](#) catalog for dates and to submit your application.

Requirement(s)

- USMLE Transcript of Scores

Description

Patients with medical, endocrine, or reproductive endocrine problems, as well as patients with diabetes, are seen by the Endocrine Service. There are two formal attending rounds, two student lectures and one patient conference and one grand round per week. The students rotate inpatient consultations with the resident(s) on the service. Students will participate in the clinics and conferences. Clinics are varied and many are at sites other than Cedars-Sinai.

Course Objectives

- Knowledge of common pituitary-hypothalamic, thyroid, adrenal, parathyroid, bone, metabolic, and reproductive endocrine disorders, as well as knowledge of current issues in diabetes.
- Knowledge of the pathophysiology of diabetes and thyroid, pituitary, adrenal, calcium, bone, and reproductive endocrine disorders.
- Ability to plan a comprehensive evaluation of an endocrine problem in a rapid, cost-efficient manner.
- Ability to interpret thyroid, pituitary, adrenal, and gonadal suppression and stimulation tests, as well as imaging techniques and the ability to interpret blood sugar levels.
- Knowledge of types, indications, contraindications, and adverse effects of various drugs, including thyroid hormones, glucocorticoids, androgens, estrogens, vitamin D, and insulin, and oral antihyperglycemic agents.
- Ability to write an informative consultation note.
- Ability to concisely present a patient verbally.
- Ability to accurately palpate and describe thyroid glands.

Student Experiences

COMMON PROBLEMS/DISEASES:

- Thyroid nodules
- Hypothyroidism
- Hypercalcemia
- Hyperthyroidism
- Hyponatremia
- Hyperatremia
- Pituitary tumors
- Hypertension
- Diabetes
- Amenorrhea
- Infertility
- Hyperparathyroidism
- Hypoparathyroidism
- Lipid abnormalities
- Metabolic bone disease
- Osteoporosis
- Cushing's syndrome
- Addison's disease

INPATIENT: 90%

OUTPATIENT: 80% 10%

CONSULTATION: 80% 90%

PRIMARY CARE: 20%-10%

CLOSE CONTACT WITH:

- Full-time faculty
- Clinical faculty
- Fellows
- Residents
- Interns

Endocrinology Consult

Typical Schedule

Approx. # of Patients Evaluated/Week by Student	5
Approx. # of Patients Eval./Each Week by Service	20
Typical Monday	9:00am – Faculty Attending Rounds 12:00pm-1:00pm – Adrenal Conference (Week 4, or last Friday every other month; starts in January each year)
Typical Tuesday	8:00am-9:00am – Endocrine Grand Rounds 9:00am-12:00pm – Consultations and Follow-up Special Conferences held from 12:00pm – 1:00pm: • (Week 2) Interdisciplinary Diabetes/Metabolism Grand Rounds • (Week 3) Interdisciplinary Pituitary Case Grand Rounds 4:00pm-5:00pm – Pituitary MRI Rounds
Typical Wednesday	9:00am-12:00pm – Consultations and Follow-up 5:00pm-6:00pm – Bone Club (Week 2) 5:00pm-6:00pm – Endocrine Journal Club (Week 3)
Typical Thursday	8:00am-9:00am – Endocrine Seminar (Weeks 1 and 3, occasionally Week 5) 9:00am – Faculty Attending Rounds 12:00pm – Endocrinology Grand Rounds 12:00pm-1:00pm – Thyroid Tumor Board (Week 2, 4)
Typical Friday	8:00am-9:00am – Medicine Grand Rounds 12:00pm-1:00pm – Endocrine & Metabolism Diabetes and Obesity Research Institute [EM-DORI] (schedule varies)
On-Call Schedule	No night call
Weekend Activities	None
Additional Comments/Special Requirements	Students will have the opportunity to work in the diabetes basic science laboratory in the afternoons.