PREPARING FOR YOUR SURGERY OR PROEDURE
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We are pleased that you and your physician have chosen Cedars-Sinai Medical Center for your upcoming surgery or procedure. This brochure will provide you and your family with information to make your experience as comfortable as possible. We encourage you to ask questions whenever anything is unclear and we wish you a speedy recovery.
Your doctor will schedule the planned surgery or procedure with the hospital. Provide your surgeon with a correct name, date of birth, and phone numbers (cell, home, work) where you can be reached. You will need to keep the same information throughout your pre-operative appointments.

MEDICAL CLEARANCE AND PRE-OPERATIVE APPOINTMENTS
Your surgeon will determine whether your surgery or procedure will be performed on an inpatient or outpatient basis. Regardless of the admission status, you will need medical clearance for both the surgical procedure and the anesthesia. Your surgeon will help coordinate your appointment with your other doctor(s) at least two weeks before your surgery so that all necessary examinations and tests can be ordered, performed and reviewed by your doctor. Your pre-procedure tests can be performed at your doctor’s office or at the Cedars-Sinai Anesthesia Pre-Procedure Evaluation Center (APEC). Please call (310) 423-4068 to schedule an appointment. Based on your history, physical examination and test results, your surgeon or primary care doctor will provide you with medical clearance for surgery and/or anesthesia.

ADVANCE DIRECTIVES
An advance directive allows you to name an agent to make decisions for you when you are unconscious or too ill to communicate your wishes. Cedars-Sinai complies with California laws and court decisions on advance directives. Hospital policies ensure that your wishes about treatment will be followed. It is your responsibility to provide a copy of your advance directive to the hospital for your records. If you have any questions please talk to your doctor, nurse, Patient Relations Representative, or a social worker.

INSURANCE COVERAGE
Pre-authorization for hospital admissions may be required based on your insurance. Please make sure you provide the most current and complete insurance information. Remember to carry your insurance and prescription drug cards with you at all times as you may receive a call for insurance verification. If you have questions or concerns about your financial arrangements, please call the Pre-Registration Office:
Supervisor (323) 866-8983
Manager (323) 866-8425
Cash Packages (310) 423-4890

ARRIVAL TIME
Once your surgery is scheduled, the surgeon’s office will confirm your arrival time with you. Please be aware that your surgery time may change if emergency situations arise. It is important that you provide your surgeon and other doctors a phone number where you can easily be reached for any changes in your surgery or arrival time.
AUTOLOGOUS/DIRECTED DONOR BLOOD DONATION

- Discuss any request for blood donation with your surgeon. If you need blood, you have several options:
  - Using your own blood (autologous). It can be donated before surgery.
  - Receiving blood from donors that you have selected (designated or directed donors).
  - Receiving blood from the Blood Bank or community donors.
- Your doctor must send an order to the Blood Donor Facility before your scheduled appointment.
- Autologous blood, or your own blood, must be donated no earlier than 42 days and no later than seven days prior to your surgery.
- You can only donate one unit of blood at a time.
- Each donation should be made at least seven days apart.
- Directed donations must be made at least five days prior to surgery and will be reserved for your intended use for 21 days.
- Appointments are needed for any blood donation. Please call Cedars-Sinai Blood Donor Services at (310) 423-5346 to schedule your appointment or if you have questions.

BLOOD TYPE AND SCREEN AND CROSS MATCH ORDERS

A blood sample must be drawn only in an approved Cedars-Sinai lab site or at the APEC within 30 days of surgery, EXCEPT:

- If you have been pregnant or received a blood transfusion, other than autologous blood 90 days before surgery, your blood sample must be drawn no more than 3 days before surgery.
- If you have a history of a positive antibody screen, your blood sample must be drawn no more than 3 days before surgery.
- If your surgery was rescheduled or canceled, a new sample must be drawn before surgery within the required timeframes.
- If you have been admitted to the hospital, your blood sample that was drawn during your hospital stay is only good for 3 days after it was drawn.
Your physician may request a pre-admission visit to APEC prior to your procedure. The Anesthesia Pre-Procedure Evaluation Center is part of the Operating Room/Anesthesia/Surgery Services and offers a convenient location for patients’ pre-procedure needs. Services include phlebotomy, electrocardiograms (EKGs), pre-procedure health screening by nurses with special expertise in surgery and anesthesia and an assessment for high-risk patients by an anesthesiologist.

**WHAT TO BRING TO YOUR APEC VISIT**

- Photo I. D. (Driver’s License or Passport preferred)
- Insurance card and prescription drug card, if applicable
- Copy of your physician’s orders for pre-procedure tests or blood donation, if applicable
- List of medications, vitamins, dietary supplements, allergies, and health history
- Copy of advanced directive (a power of attorney for healthcare document or a living will for healthcare) if you have one
- Copy of I. D. Card for your pacemaker or your implantable cardioverter defibrillator (AICD)

**NOTE:** For your safety, your AICD or pacemaker may need to be turned off during surgery.

**ADDRESS**

Cedars-Sinai Medical Center
Anesthesia Pre-Procedure Evaluation Center (APEC)
Advanced Health Sciences Pavilion
127 South San Vicente Boulevard
Plaza Level, Suite A2600A
Los Angeles, CA 90048

**PARKING**

Parking Lot #4 (P4), Advanced Health Sciences Pavilion, Street Level.

Entrances located on S. San Vicente Blvd and Sherbourne Way.

Valet and handicap parking is available.

Parking is validated in this location.

**CONTACT INFORMATION**

Please call to schedule your appointment:
Phone   (310) 423-4068
Fax     (310) 423-0108
Email   APEC@cshs.org
INSTRUCTIONS
• Park in the designated validated parking lot.
• Check-in at APEC Information Desk on the Plaza Level.
• Please allow enough time to be registered by the Registration staff and have all your tests and pre-procedure health evaluation completed during this visit.
• The Registration Department staff will register you for your visit before your pre-procedure tests can be performed.
• Bring your paperwork along with your orders for the tests to your visit.
• The phlebotomist or nurse will draw your blood samples required for your tests.
• The EKG technician or nurse will perform your EKG.
• The nurse will perform the following:
  • Verify your name, date of birth, admission status, and planned surgery or procedure
  • Conduct an initial health evaluation
  • Provide you instructions on safety and prevention of surgical site infections
  • Answer any questions about surgery or refer you to other appropriate services
PATIENT CHECKLIST IN PREPARATION FOR YOUR SURGERY OR PROCEDURE:

- Bring your surgery guide to all pre and postoperative appointments and on the day of surgery.

- Complete the “APEC Pre-Anesthesia Patient Questionnaire” located in the back of this packet.

- Complete all of your pre-procedure appointments for history and physical examination and pre-operative tests, including blood donation, if applicable, in a timely manner.

- Take a list of questions with you when you visit your doctor.

- Bring a list of all prescriptions, herbal supplements, and over-the-counter medicines that you are taking, including when you took the most recent dose of each medicine.

- Ask your physician what medications you need to stop and how long prior to surgery.

- Ask your physician if your surgery or procedure will require the use of a dye and alert him/her if you have a known reaction or allergy to dyes.

- Inform your physician if you are allergic to shellfish, lobsters, crabs, or other shelled foods; latex-containing products; or if you have cobalt-containing metal implants, or if you need to take allergy medications the day before your procedure.

- Discuss pain control with your physician regarding oral medications, IV, PCA pump, and other options to control pain after surgery.
  - If you are taking high doses of opiates (examples of medications with opiates are morphine and codeine), inform your physician for a pain management consultation for effective pain control after surgery.
  - If you are taking any form of Buprenorphine (Suboxone, Subutex, Buprenex, Butrans), inform your physician. Your elective surgery may be canceled if this medication is not stopped at least 72 hours prior to surgery.

- Inform your physician of your alcohol consumption: number of drinks per day, how long and the date you quit consuming alcohol, if applicable.

- Inform your physician if you use recreational drugs: name of drug, frequency, how long and date you quit taking the drug, if applicable.

- Inform your physician if you are smoking: number of cigarettes/tobacco/day, how long and the date you quit smoking, if applicable.
[ ] Inform your surgeon immediately if you have a cold, fever, chills, burning pain when passing urine, or persistent cough that developed within 2 days prior to surgery.

[ ] Arrange for a responsible adult to drive you home and stay with you at least for 24 hours. A bus driver or cab driver is not considered a responsible adult caregiver. **You may not drive or take a taxicab or bus alone after receiving sedation or anesthesia.**

**NAME OF ESCORT:**

**PHONE NUMBERS:**

[ ] Obtain equipment and supplies that you may need after your surgery or procedure.

[ ] Take a special diet or any bowel preparation prior to your surgery as directed.

[ ] Take a shower with regular soap and water the night before and the morning of surgery. Do not shave near the operative area. Make sure your hair is dry.

[ ] If directed by your physician, take a shower with an antiseptic soap containing CHG (Chlorhexidine Gluconate) the night before and the morning of surgery (refer to “Pre-Operative Antiseptic Shower” instructions in this booklet.)

[ ] Do not wear mascara or false eyelashes the day of surgery. Any jewelry that is too tight must be removed before coming to the hospital.

[ ] Do not eat or drink after midnight the night before surgery or as instructed by your physician. This includes coffee, tea, chewing gum, or mints.

[ ] Take your medications as instructed by your physician the morning of surgery with only a sip of water (example, beta-blockers for high blood pressure; medications for the heart and seizures, etc.).

[ ] Confirm your arrival time at ____ a.m./p.m. with your surgeon’s office.

[ ] Provide your surgeon with your local contact number to reach you.

[ ] Check your phone for any messages in case there are changes in your surgery schedule.
Wear clothing that is comfortable for your physical condition and can be removed easily, folded, and placed in a locker or plastic bag.

**WHAT TO BRING ON THE DAY OF SURGERY:**

- This surgical guide
- Photo I.D. Card (driver’s license, state photo I.D., or passport)
- Insurance Card or Workers’ Compensation information
- Prescription Drug Card, if different from the medical insurance card
- AICD/Pacemaker I.D. Card (make copy if possible), if applicable
- Social Security Number
- Emergency Contact Information (name and phone numbers)
- Responsible adult escort information (name and telephone numbers)
- Copy of Advanced Directive (Durable Power of Attorney for Healthcare, a Living Will for Healthcare, or a written Individual Healthcare Instruction)
- Containers for eyeglasses, contact lenses, hearing aids, and dentures
- Medications that you were instructed by your physician to bring to the hospital (containers must have appropriate labels from the pharmacy)
- Special supplies or equipment as instructed, such as cane, walker, or wheelchair
- Items that you will need for recovery and/or discharge, such as a robe or slippers; keep your belongings in your car or have them brought in by your family member after you have a room assigned after your surgery (in-patient)
- Others

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Your Surgical Team tries to keep the surgery schedule as close as possible. However, unexpected delays may occur.

**DO NOT BRING THE FOLLOWING ITEMS ON THE DAY OF SURGERY:**

- Checks, cash or credit cards **unless** co-payments have to be made upon admission based on insurance carrier requirement. Leave your money or credit cards with your family after payment has been made.
- Sleep apnea machines (may bring own mask if unable to use other masks)
- Valuables and jewelry, hair clips, pins, or hair spray. Wigs and hair pieces may be removed and replaced by a head cover.
- Prescriptions, herbal supplements, and over-the-counter (OTC) medicines, unless ordered by your doctor
- Visitors must be 18 years or older to visit the following units:
  - All Intensive Care Units
  - 4 South Nursing Unit
  - 6 North Nursing Unit
TRAVEL TIME/ARRIVAL/PARKING

Arrive at least two hours before your surgery or procedure, or earlier if instructed by your physician. Please be aware of traffic conditions on your way to the hospital.

- Parking: If your procedure is being performed in the Main Hospital, park in South Tower, Street Level, Parking Lot #3 (P3). If your procedure is being performed in the Pavilion, park in Parking Lot #4 (P4). Valet parking and validation is available for a nominal fee. Do not park in the Medical Office Towers parking areas. Cedars-Sinai cannot validate parking for these locations.
- For parking passes and rates, call the Parking Office at (310) 423-5535. The Parking Office is located in Parking Lot #8 (P8) on the west side of George Burns Drive.

CHECKING IN

- If you are having an imaging procedure before your surgery on the same day, check in at the S. Mark Taper Foundation Imaging Center.
- If you are having a procedure in the Advanced Health Sciences Pavilion, please check in at the Information Desk on the 5th floor of the Pavilion.
- For all other patients, please check in at the Information Desk on the Street Level, South Tower. You will be escorted to the registration area.

ADMISSION/REGISTRATION AREA

- The Registration Representative will complete your registration. You will receive a hospital identification bracelet and paperwork for admission.
- Please be seated in the lobby until you are called to the pre-operative area.

LOBBY/WAITING AREA

- Your family and friends may wait in the Lobby. This waiting area has a television, magazines, phones, and Volunteer Staff who can assist them while you are in surgery or recovery.
- Your family may accompany you as far as the lobby area or may accompany you in the Pre-Operative Area at the discretion of the nurse based on your care and activities of the unit.
- Please let your family or friends know that if they need to leave the waiting area they should provide the Volunteer Staff with their cell phone number and expected time of return.

PRE-OP AREA

- You will change into a hospital gown and your personal belongings will be stored.
- The staff will measure your temperature, blood pressure, pulse, respiration, height and weight.
- The nurse will verify the information on the chart and confirm the surgical procedure before you sign a Consent Form. Make sure everything in the form is correct. Speak up if you do not understand something on the form.
- The nurse from the Operating or Procedure Room will meet with you and will discuss what to expect while in the Operating or Procedure Room.
- The Anesthesiologist will then meet with you to discuss the plan for your anesthesia.
- An intravenous (IV) infusion will be started to provide you with fluids and later on may be used to provide anesthesia and other medications.
- The surgeon will mark the side and site of your surgical area.
- A family member may stay with pediatric patients in the Pre-op Area.
IN THE OPERATING OR PROCEDURE ROOM

- Pressure pads and warmed blankets are available for your comfort. Please notify your surgical team if you are not comfortable.
- Your surgeon will call for a “Time Out” before starting the procedure to verify the following:
  - Your identification
  - Planned procedure
  - Site and side, if applicable
  - Position
  - Equipment
  - Implants, if needed
  - Imaging films, as appropriate
  - Antibiotics given, if required and other safety measures.

POST-ANESTHESIA CARE UNIT (PACU)

- After your surgery or procedure, you will be transferred to the PACU where the nurses are specialty trained to take care of your immediate care, comfort and safety needs.
- The length of time you spend in the PACU will depend upon the type of surgery or procedure, type of anesthesia received, and the availability of outpatient, inpatient or intensive care (ICU) beds.

OUTPATIENT DISCHARGE

- You will be discharged directly from the PACU to home or transferred to an outpatient area where you can fully recover and be safely discharged at a later date.
- You will receive a written discharge instruction sheet from the nurse and he or she will explain any instructions that you may not fully understand.
- You will also receive any prescriptions that your physician has ordered for you. You can request that the prescription be called in to the pharmacy of your choice.
- When your escort arrives, the staff will transport you by wheelchair to the Street Lobby.
- You will receive a phone call from the hospital staff to make sure you are doing well. The nurse who calls you may answer any of your questions.

VISITATION POLICY IN THE PACU

- Visitors are allowed in the PACUs. This will be coordinated by your nurse around your care and other activities in the unit.
- To maintain a patient’s privacy, only one family member can visit you in the PACU at short intervals of five (5) minutes at a time. Please designate one family member as the primary contact for the staff.
If you are being admitted to the hospital after your surgery, your surgeon will inform you of your expected day of discharge.

Your PACU nurse will make sure that you have met the criteria before transferring you to the inpatient bed.

The Medical Center welcomes family and significant others to be involved in your patient’s care while you are at the hospital.

If one of your family members wishes to stay with you overnight or throughout your stay, you may request for a cot to be delivered to your room.

**INTERACTIVE TV SYSTEM**
- The Medical Center offers additional entertainment, information and educational opportunities on our interactive TV system.
- Ask your healthcare team if you need help accessing the system.

**VISITATION GUIDELINES**
- For patient privacy, the recommended visiting hours are posted in patient care areas.
- Visiting hours are from 10:00 am to 9:00 pm
- Visitors must be 18 years or older to visit the following units:
  - All Intensive Care Units
  - 4 South Nursing Unit
  - 6 North Nursing Unit
- Ask your friends or relatives not to visit if they are ill (if they have a cold, respiratory illness or other signs of infection).

**PLANNING FOR YOUR HOSPITAL DISCHARGE**
- Your physician will indicate your planned discharge day. You will receive written discharge instructions or prescriptions as ordered.
- The date of discharge will be posted in your room. Prepare for discharge by 10:00 am.
- Ask your doctor when you can resume your activities, such as driving, working, exercising, and traveling.
- It is important that you have a responsible adult at the hospital before discharge to participate in your discharge instructions. This person will be directed where you can be picked up at the main entrance.
Your safety is our top priority. As a patient, you can help by being active, involved and an informed member of your healthcare team.

IDENTIFY YOURSELF

• Provide accurate information (name, date of birth, address, phone number) to your doctor’s office.
• Alert your doctor’s office if you have previously used a different name in the past.
• Always verify the spelling of your name, date of birth, and doctor’s name when receiving your wristband.
• Inform your healthcare team if you think they have confused you with another patient.

BE INVOLVED IN YOUR CARE

• Know the procedure you have been scheduled to have, including the side and site of your body.
• Make sure that your doctor has discussed any risks and benefits of your planned procedure.
• Share any special needs that you have.
• Take part in all decisions about your care.
• Make sure you know which doctor is in charge of your care in the hospital.
• Do not be afraid to ask for help, advice or sufficient pain medications.
• Bring a copy of your Advance Directive. If you are unable to bring a copy of your Advance Directive, provide the name and phone number of your surrogate decisionmaker.
• Speak up if you have any questions or concerns about your safety.

PRESCRIPTIONS, HERBAL SUPPLEMENTS, AND OVER-THE-COUNTER (OTC) MEDICINES

• Make a list of all your prescriptions, dietary supplements, and OTC medicines. Include the dose and how frequently you take each medicine.
• Inform your healthcare team of any allergies, reactions or sensitivities you have (example, latex allergy).
• Know what medicines you are given, ask why you are taking them, what they look like, what time you take them, and any side effects.
• Make sure the staff checks your wristband and allergies before you are given any medicine.
• Ask questions about any medicines or any IV (intravenous) fluids you are given.

HOW TO PREVENT A FALL IN THE HOSPITAL

• Make sure you can reach and can use your call button.
• Keep needed items within your reach. If not, call for assistance.
• Do not attempt to get up and walk by yourself unless ordered by your doctor. Call for assistance when you need to go to the bathroom.
• While waiting for assistance, do not attempt to remove the bed side rails by yourself.
• Put on your glasses, contacts, or hearing aids before getting up.
• Wear non-skid footwear or socks; do not use flip-flops for walking.
• Get up slowly when getting out of bed or chair to prevent dizziness.
• Use your cane, walker, brace, or crutches as ordered by your doctor.
• While in the bathroom, use the grab bars for sitting and standing. Know where the call button is located.
• If you fall, remain calm and ask for help, or press the call button. Stay where you are and wait for assistance.
BEFORE SURGERY

• Tell your doctor about other medical problems you may have. Diabetes, obesity, smoking, and other health problems could increase your risk of surgical infection.
• Tell your doctor if there is a change in your physical condition, such as a cold, fever, persistent cough, or any symptoms that an infection has developed.
• Quit smoking or talk to your doctor about how you can quit smoking.
• It is required that you take a shower with regular soap and water the night before and the morning of surgery.
• Your physician may ask you to take a shower with a special liquid soap that contains Chlorhexidine Gluconate (CHG) the night before and the morning of surgery (refer to “Pre-Operative Antiseptic Shower” instructions on the next page).

DURING YOUR STAY

• Wash your hands before and after using the bathroom, before and after eating, after blowing your nose, sneezing or coughing, and when touching anything that is unclean.
• If you have any catheter placed in your vein, keep the skin around the dressing clean and dry. Tell your nurse promptly if the bandage or catheter becomes loose or gets wet.
• Follow your doctor's instructions regarding breathing treatments and getting out of bed.
• Ask your friends or relatives not to visit if they are ill.
• If you do not see your care providers clean their hands with soap and water or alcohol-based hand rub, please ask them to do so.

BEFORE DISCHARGE

• Your nurse will explain what you need to know about taking care of your wound, drainage catheter or tubes.
• Make sure you know who to contact if you have any questions or problems after you get home.

AT HOME

• If you have redness, swelling, pain at the surgery site, fever or chills, call your doctor immediately.
• Always clean your hands before and after caring for your wound.
Before surgery, you can play an important role in maintaining your health. Since your skin is not germ free, we need to be sure that your skin is as clean as possible before surgery. The number of germs on your skin can be reduced by washing with an antiseptic soap before surgery.

Before your surgery you may be given special liquid soap that contains *Chlorhexidine Gluconate (CHG)*. This special soap is also available at pharmacies. CHG destroys bacteria and will help prevent infections during and after surgery.

**EACH TIME YOU SHOWER PLEASE FOLLOW THESE STEPS**

1. Do not shave on or near the body area where surgery will be performed.
2. Wash your hair as usual with your normal shampoo and rinse thoroughly.
3. Wet your entire body.
4. **Turn the water off** to avoid rinsing off the soap too soon.
5. Apply the CHG antiseptic soap to your entire body only from your neck down.
6. Do not use the soap near your eyes, ears or in your mouth.
7. Wash your body gently for 5 minutes, paying special attention to the area where your surgery will be performed.
8. Do not wash with your regular soap after CHG is used.
9. **Turn the water back on** and rinse your body thoroughly.
10. Pat dry with a clean towel.
11. Do not apply anything including: powders, makeup, deodorants, perfumes, or lotions.
12. Wear clean, comfortable clothing on the day of your surgery.

**WHAT ARE THE KNOWN SIDE EFFECTS OF CHG?**

CHG is very safe and available without a prescription. While uncommon, a mild, reversible rash may occur. Avoid using CHG near your eyes or ears. In the unlikely event you develop a rash (such as hives), swelling, or shortness of breath, stop using the product and immediately notify your healthcare provider.

**OTHER INSTRUCTIONS**

If for some reason you do not use the antiseptic liquid soap, **please wash with soap and water the night before and the morning of surgery.**
We are here to help you with managing your pain after surgery. Your healthcare team will work with you to minimize pain and discomfort.

**WHY IS IT IMPORTANT TO MANAGE YOUR PAIN?**

- We want to keep you comfortable.
- Avoid unnecessary complications in the hospital.
- Pain control may help you recover faster.
- Treating pain early usually brings quicker/better results.

**HOW CAN YOU HELP YOUR HEALTHCARE TEAM TO MANAGE YOUR PAIN?**

- Effective pain control is a **partnership** between you and your healthcare team.
- An accurate account of your home pain regimen will help us to better control your pain while you’re in the hospital.
- Tell us what has worked for you in the past. This includes both medication and non-medication treatments (ointments, ice, heat, music, etc).
- Please notify the healthcare team about pain medications that have caused you problems in the past.

**PAIN MANAGEMENT TREATMENT OPTIONS**

In addition to a variety of pain medications, the following can also be beneficial in reducing your pain:

- Relaxation techniques
- Chaplaincy visits
- Music
- Pet therapy
- Back rubs
- Volunteer Services

Prior to discharge, make sure you are comfortable and understand how to manage your pain at home.

**HOW WILL WE ASSESS YOUR PAIN?**

Pain is different for everyone. While you are recovering, your doctors and nurses will frequently ask you to “measure” and describe your pain using the universal measuring tool below:

![Pain Measurement Scale]

- **0** No pain.
- **1-3** You feel some pain or discomfort but you can still complete most activities.
- **4-6** The pain makes it difficult to concentrate and may interfere with your ability to do certain normal activities such as reading, watching TV, having a phone conversation, etc.
- **7-9** The pain is quite intense and is causing you to avoid or limit physical activity.
- **10** Worst pain imaginable.

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**PAIN MANAGEMENT AFTERSURGERY**

<table>
<thead>
<tr>
<th>NO PAIN</th>
<th>MILD PAIN</th>
<th>MODERATE PAIN</th>
<th>SEVERE PAIN</th>
<th>VERY SEVERE PAIN</th>
<th>WORST POSSIBLE PAIN</th>
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</thead>
<tbody>
<tr>
<td><img src="0" alt="Smiley" /></td>
<td><img src="1-3" alt="Neutral" /></td>
<td><img src="4-6" alt="Sad" /></td>
<td><img src="7-9" alt="Very Sad" /></td>
<td><img src="10" alt="Horrible" /></td>
<td><img src="10" alt="Worst" /></td>
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Phone Numbers

ANESTHESIA PRE-PROCEDURE EVALUATION CENTER (APEC)
Phone (310) 423-4068
Fax (310) 423-0108
E-mail APEC@cshs.org

ADMISSIONS
(310) 423-6315

BLOOD DONOR SERVICES
(310) 423-5346

PARKING OFFICE
(310) 423-5535

PRE-ADMISSION DEPARTMENT
PATIENT FINANCIAL SERVICES
Supervisor (323) 866-8983
Manager (323) 866-8425
Cash Packages (310) 423-4890

SPIRITUAL CARE DEPARTMENT
(310) 423-5550

cedars-sinai.edu
cedars-sinai.edu/pedsanesthesia
(310) 423-5000
Valet parking is available in Lot #3 (P3), Lot #4 (P4) and for Imaging Center patients.