Exam Requested: (Check all that apply)  PHYSICIAN SIGNATURE REQUIRED ON ALL PROCEDURES

**Nuclear Cardiology**
- Stress Myocardial Perfusion **SPECT**
  - Exercise Stress (Pharmacologic if indicated)
  - Vasodilator Stress (Adenosine, Regadenoson)
- Stress Myocardial Perfusion **PET** (Rubidium)
- Myocardial Viability PET (FDG)
- Cardiac Sarcoidosis PET
- Resting Wall Motion / MUGA (LVEF and RVEF)
- Pyrophosphate for Amyloid
- Other: __________________________
  __________________________
  __________________________

**Cardiac CT**
- Coronary Calcium Scan (CCS)
- Coronary CT Angiogram (CCTA)
  - With FFRCT if indicated
- Pulmonary Vein Imaging
- Cardiac Anatomic Structure Please Specify: (LV, RV, Pericardium, Thrombi, Veins, Masses, etc):
  __________________________
  __________________________
  __________________________
  __________________________
- Other: __________________________
  __________________________
  __________________________
  __________________________

Iodine Contrast Allergy: ☐ Yes ☐ No

**Cardiac MRI with Contrast**
- Cardiomyopathy / Myocarditis
- LV Function and Viability
- Stress Perfusion (Vasodilator)
- Specific Q (RV, Aorta, Mass, Pulmonary Veins, Pericardium)
- Congenital

Please Provide Details:
  __________________________
  __________________________
  __________________________
  __________________________

**Reasons for Test:** (Check all that apply)
- Chest Pain
- Shortness of Breath
- Abnormal ECG
- Coronary Artery Disease
  - Post MI Evaluation
  - Post CABG Evaluation
  - Post PTCA Evaluation
- Abnormal Treadmill Test
- Other: __________________________
NUCLEAR CARDIOLOGY

Stress Myocardial Perfusion SPECT or Stress Myocardial Perfusion Rubidium PET (Approximate visit time: SPECT 3-4 hours; PET 1.5-2 hours):
- Do not eat or drink for 3 hours before your appointment. Drinking water is okay.
- Consult your physician about going off beta blockers for 48 hours and calcium channel blockers 24 hours before your exam.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee or Excedrin®) for 24 hours before exam. Note: Decaffeinated products contain caffeine.
- Bring all your medications or a list of them with doses.
- For SPECT exams, wear a comfortable 2-piece outfit and walking shoes.

Myocardial Viability PET (FDG) (Approximate visit time: 3-4 hours):
- **Non-Diabetics**: Do not eat or drink for 6 hours before your appointment. Water is okay.
- **Non Insulin-Dependent Diabetics**: If you are on oral diabetes medications, please do not eat or drink after midnight. Water is okay. Also, if applicable:
  - You may take Metformin (Glucophage®), Pioglitazone (Actos®) and Rosiglitazone (Avandia®) as scheduled.
  - Reduce Sulfonylureas (e.g. Glimepiride, Glipizide, Glyburide) to a half dose on the morning of your study.
  - Do not take Sitagliptin (Januvia®) or Saxagliptin (Onglyza®) on the morning of your appointment.
- **Insulin-Dependent Diabetics**: Please follow your normal dietary schedule. Also, as applicable (Consult with your doctor regarding adjusting the insulin use recommendations below):
  - Reduce PM doses of insulin glargine (Lantus®) and Levemir® by half the evening before the study.
  - Reduce AM dose of intermediate or long-acting insulin (i.e. NPH, Levemir®, insulin combos, such as 70/30, 75/25, etc.) or Lantus® by half the morning of the study.
  - Take half basal dose of insulin pump on day of study.
- **Note**: You should not take the following medications until right before you eat a normal meal: Nateglinide (Starlix®), Repaglinide (Prandin®), Pramlintide (Symlin®), Exenatide (Byetta®), or Liraglutide (Victoza®).

Cardiac Sarcoidosis PET: You will be contacted with preparation instructions.

CARDIAC MRI

Stress Myocardial Perfusion MRI (Approximate visit time: 3-4 hours):
- Follow the instructions in the Nuclear Cardiology - Stress Myocardial Perfusion SPECT on the left (no special clothing requirement).
- For all other Cardiac MRI exams, there are no preparations.

Cardiac MRI (Approximate visit time: 1½ hours):
- Cardiac MRI is safe with joint replacements, coronary stents, ASD/PFO closure devices, sternal wires and most prosthetic heart valves.
- MRI cannot be performed on patients with pacemakers, defibrillators or other implanted electronic devices.
- Patients with a history of other metallic implants, shrapnel or neurosurgical clips are all individually evaluated before MRI.

All Addresses: Los Angeles, CA 90048

S. Mark Taper Foundation Imaging Center
Corner of San Vicente Blvd. & Gracie Allen Dr.
8705 Gracie Allen Drive
Valet and Patient Drop Off in Front; Valet and Self-Parking in Lot P4

Advanced Health Sciences Pavilion
127 S. San Vicente Blvd., Suite #A-2500
(Imaging on Plaza Level)
Valet and Self-Parking Available in Lot P4