PAIN AND FUNCTION ASSESSMENT TOOL

This tool is intended to help patient care providers assess pain according to individual patient needs. Explain and use 0-10 Scale for patient self-assessment. Use the faces or behavioral observations to interpret expressed pain when patient cannot communicate his/her pain intensity.

Verbal Descriptor Scale

**NO PAIN**

- **0**
  - No pain

**MILD PAIN**

- **1 - 3**
  - You feel some pain or discomfort but you can still complete most activities.

**MODERATE PAIN**

- **4 - 6**
  - The pain makes it difficult to concentrate and may interfere with your ability to do certain normal activities such as reading, watching TV, having a phone conversation, etc.

**SEVERE PAIN**

- **7 - 9**
  - The pain is quite intense and is causing you to avoid or limit physical activity. Cannot concentrate on anything except pain.

**VERY SEVERE PAIN**

- **10**
  - Worst Pain Imaginable

WONG-BAKER FACIAL GRIMACE SCALE

- **0**
  - No pain

- **1 - 3**
  - You feel some pain or discomfort but you can still complete most activities.

- **4 - 6**
  - The pain makes it difficult to concentrate and may interfere with your ability to do certain normal activities such as reading, watching TV, having a phone conversation, etc.

- **7 - 9**
  - The pain is quite intense and is causing you to avoid or limit physical activity. Cannot concentrate on anything except pain.

- **10**
  - Worst Pain Imaginable

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