

Rheumatic Diseases

ME 275.99

General Information

COURSE CHAIR: Mariko Ishimori, MD

STUDENT COORDINATOR'S CONTACT INFORMATION:

PHONE: 310-423-5161 ***EMAIL:** GroupMedicineEducationAdmin@cshs.org

STUDENTS/PERIOD: Max: one Min: one

DURATION: Three weeks

Please visit our [VSLO](#) catalog for dates and to submit your application.

Description

The student will learn the techniques of joint examination, clinical features, diagnosis, and management of rheumatic diseases. Teaching includes direct patient contact through inpatient consultations, the ambulatory clinics, and the rehabilitation service. Radiologic and immunologic aspects of rheumatic diseases will be emphasized.

Course Objectives

- Knowledge of the pathogenesis, natural history, differential diagnosis, orderly investigation, and management of certain disease processes as listed under "major problems" below.
- Clinical skills, medical interviewing, and physical examination, particularly joint examination technique.
- Medical decision making, analysis of medical data, and synthesis of information.
- Diagnosis and management of complex inpatient problems.
- Interpretation of rheumatological and immunological tests.
- Oral presentation of clinical cases.
- The knowledge of the pharmacology and clinical uses of non-steroidal anti-inflammatory drugs, corticosteroids, biologic DMARDs, non-biologic DMARDs (methotrexate, anti-malarials, azathioprine, mycophenolate mofetil, etc), and medications used in gout (anti-inflammatory, urate lowering therapies).
- Medical record keeping (e.g., data collection and recording appropriate format for writing consultations).
- The techniques of joint and soft tissue injections; special skills such as the reading of x-ray joints; crystal examination using polarizing microscope; examination of joint fluid and the aspiration of joint effusions.

Student Experiences

COMMON PROBLEMS/DISEASES:

- Rheumatoid arthritis
- SLE
- Systemic vasculitis
- Scleroderma
- Other collagen vascular diseases
- Osteoarthritis
- Crystal-induced arthritis
- Inflammatory myopathies
- Septic arthritis

INPATIENT: 90%

OUTPATIENT: 10%

CONSULTATION: 90%

PRIMARY CARE: 10%

CLOSE CONTACT WITH:

- Full-time faculty
- Clinical faculty
- Fellows
- Residents
- Interns

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Typical Schedule

Approx. # of Patients Evaluated/Week by Student	5
Approx. # of Patients Eval./Each Week by Service	23
Typical Monday	8:00am – Attending Rounds Saban Community Clinic (1 st Monday Only) 1:00pm – Inpatient Rounds
Typical Tuesday	8:00AM – Alt. X-Ray Conf. or Rheum Conf. 9:00am – Attending Rounds or Inpatient Rounds 1:00pm – UCLA Harbor Clinic
Typical Wednesday	9:00am – CSMC Clinic 1:00pm – Inpatient Rounds
Typical Thursday	9:00am – Attending Rounds or Inpatient Rounds 1:00pm – Inpatient Rounds 6:00pm – Venice Family Clinic (every 3 rd Thursdays only)
Typical Friday	8:00am-9:00am – Medical Grand Rounds 10:00am – Inpatient Rounds 11:30am – UCLA Grand Rounds (optional)
On-Call Schedule	NONE
Weekend Activities	NONE
Additional Comments/Special Requirements	NONE