General Information

**COURSE CHAIR:** Shazia Lutfeali, MD

**STUDENT COORDINATOR:** Calvin Lee

**PHONE:** 310-423-4780 (option 1) or 310-423-8455

**E-MAIL:** Calvin.Lee2@cshs.org

**STUDENTS / PERIOD:** max 1

**DURATION:** 3 weeks

Electives at Cedars-Sinai start in May. Please visit our [VSLO catalog](#) for dates and to submit your application.

Requirement(s)

Students should have an interest in learning more about the growing field of allergy/immunology. They will be assigned recommended reading and patient cases.

Description

1. The student will attend both adult and pediatric allergy/immunology clinics, in order to gain comprehensive exposure to the field. They will see new and follow-up patients.
2. The student will be given reading materials including journal articles and patient cases, which will be discussed with the allergy/immunology attending.
3. The student must attend all regularly scheduled resident education conferences: grand rounds and noon conference.
4. At the end of the rotation, the student will give a brief presentation on an allergy/immunology topic of their choice.
5. The student is expected to do all in-hospital consults during the week and present these to the attending on call.

Course Objectives

- Learn how to take a targeted history for allergic/immunologic conditions and perform a focused physical exam
- Gain exposure to common procedures performed in allergy clinic, including skin testing, food challenges, drug challenges, allergen immunotherapy, etc.
- Learn how to diagnose and treat hypersensitivity reactions.
- Learn step-wise approaches to managing chronic conditions such as asthma, chronic urticaria, and atopic dermatitis.
- Understand medical management and lifestyle interventions for achieving control of rhinitis.
- Understand the typical presentation of various food allergies.
- Become familiar with the basic approach to a patient with suspected immunodeficiency.

Student Experiences

**COMMON PROBLEMS/DISEASES**

- Anaphylaxis
- Angioedema
- Asthma, including severe asthma
- Rhinitis, allergic and non-allergic
- Sinusitis
- Nasal Polyps
- Urticaria
- Food Allergy
- Venom Allergy
- Drug Allergy
- Atopic Dermatitis
- Contact Dermatitis
- Eosinophilic Esophagitis
- FPIES (Food Protein Induced Enterocolitis Syndrome)
- Immunodeficiency
- Hypogammaglobulinemia
- Recurrent Infections

**INPATIENT:** 10%

**OUTPATIENT:** 90%

**CONSULTATION:** Yes
## Allergy Immunology
### Typical Schedule

| Approx. # of Patients Evaluated/Week by Student | 8 |
| Approx. # of Patients Eval./Each Week by Service | 30 |

**Typical Monday**
- 7:30AM: Sign-in
- 7:30-8:30AM: Work rounds
- 8:15AM-12:15PM: Adult allergy clinic
- 12:15PM-1:15PM: Noon conference
- 1:15PM-4:30PM: Core Curriculum

**Typical Tuesday**
- 7:30AM: Sign-in
- 7:30-8:30AM: Work rounds
- 8:15AM-12:15PM: Core curriculum
- 1:15PM-4:30PM: Pediatric allergy clinic

**Typical Wednesday**
- 7:30AM: Sign-in
- 7:30-8:30AM: Work rounds
- 8:15AM-12:15PM: Core curriculum
- 12:15PM-1:15PM: Noon conference
- 1:15PM-4:30PM: Core curriculum

**Typical Thursday**
- 7:30AM: Sign-in
- 7:30-8:00AM: Work rounds
- 8:00AM-9:00AM: Pediatric Grand Rounds
- 1:15PM-4:30PM: Pediatric Allergy Clinic

**Typical Friday**
- 7:30AM: Sign-in
- 7:30-8:30AM: Work rounds
- 8:15AM-12:15PM: Core curriculum
- 12:15PM-1:15PM: Noon conference
- 1:15PM-4:30PM: Core curriculum

**On-Call Schedule**
- None – optional

**Weekend Activities**
- None

**Additional Comments/Special Requirements**