

Allergy/Immunology

PE 305.99

General Information

COURSE CHAIR: Shazia Lutfeali, MD

STUDENT COORDINATOR: Calvin Lee

PHONE: 310-423-4780 (option 1) or 310-423-8455

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STUDENTS / PERIOD: max 1

DURATION: 3 weeks

Electives at Cedars-Sinai start in May. Please visit our [VSLO](#) catalog for dates and to submit your application.

Requirement(s)

Students should have an interest in learning more about the growing field of allergy/immunology. They will be assigned recommended reading and patient cases.

Description

1. The student will attend both adult and pediatric allergy/immunology clinics, in order to gain comprehensive exposure to the field. They will see both new and follow-up patients.
2. The student is expected to do all in-hospital consults during the week and present these to the allergist/immunologist on call. They should follow all inpatients on the allergy/immunology service.
3. The student will be given reading materials including relevant articles and patient cases, which will be discussed with the allergy/immunology attending.
4. The student must attend all regularly scheduled resident education conferences: grand rounds and noon conference.

Course Objectives

- Learn how to take a targeted history for allergic/immunologic conditions and perform a focused physical exam
- Gain exposure to common procedures performed in allergy clinic, including skin testing, food challenges, drug challenges, allergen immunotherapy, etc.
- Learn how to diagnose and treat hypersensitivity reactions.
- Learn step-wise approaches to manage chronic conditions such as asthma, chronic urticaria, and atopic dermatitis
- Understand medical management and lifestyle interventions for achieving control of rhinitis
- Understand the typical presentation of various food allergies
- Become familiar with the basic approach to a patient with suspected immunodeficiency.

Student Experiences

COMMON PROBLEMS/DISEASES

- Anaphylaxis
- Angioedema
- Asthma, including severe asthma
- Rhinitis, allergic and non-allergic
- Sinusitis
- Nasal Polyps
- Urticaria
- Food Allergy
- Venom Allergy
- Drug Allergy
- Atopic Dermatitis
- Contact Dermatitis
- Eosinophilic Esophagitis
- FPIES (Food Protein Induced Enterocolitis Syndrome)
- Immunodeficiency
- Hypogammaglobulinemia
- Recurrent Infections

INPATIENT: 10%

OUTPATIENT: 90%

CONSULTATION: Yes



Typical Schedule

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| Approx. # of Patients Evaluated/Week by Student | 8 |
| Approx. # of Patients Eval./Each Week by Service | 30 |
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| Typical Monday | 7:30AM: Sign-in 7:30-8:30AM: Work rounds 8:15AM-12:15PM: Adult allergy clinic 12:15PM-1:15PM: Noon conference 1:15PM-4:30PM: Core Curriculum |
| Typical Tuesday | 7:30AM: Sign-in 7:30-8:30AM: Work rounds 8:15AM-12:15PM: Core curriculum 1:15PM-4:30PM: Pediatric allergy clinic |
| Typical Wednesday | 7:30AM: Sign-in 7:30-8:30AM: Work rounds 8:15AM-12:15PM: Core curriculum 12:15PM-1:15PM: Noon conference 1:15PM-4:30PM: Core curriculum |
| Typical Thursday | 7:30AM: Sign-in 7:30-8:00AM: Work rounds 8:00AM-9:00AM: Pediatric Grand Rounds 1:15PM-4:30PM: Pediatric Allergy Clinic |
| Typical Friday | 7:30AM: Sign-in 7:30-8:30AM: Work rounds 8:15AM-12:15PM: Core curriculum 12:15PM-1:15PM: Noon conference 1:15PM-4:30PM: Core curriculum |
| On-Call Schedule | None – optional |
| Weekend Activities | None |
| Additional Comments/Special Requirements | |