General Information

COURSE CHAIR: Shazia Lutfi, MD
STUDENT COORDINATOR: Calvin Lee
PHONE: 310-423-4780 (option 1) or 310-423-8455
E-MAIL: Calvin.Lee2@cshs.org

STUDENTS / PERIOD: max 1
DURATION: 3 weeks

Please contact the Student Program Coordinator for other arrangements.

Please visit our VSLO catalog for dates and to submit your application.

Requirement(s)
Students should have an interest in learning more about the growing field of allergy/immunology. They will be assigned recommended reading and patient cases.

Description

1. The student will attend both adult and pediatric allergy/immunology clinics, in order to gain comprehensive exposure to the field. They will see new and follow-up patients.
2. The student will be given reading materials including journal articles and patient cases, which will be discussed with the allergy/immunology attending.
3. The student must attend all regularly scheduled resident education conferences: grand rounds and noon conference.
4. At the end of the rotation, the student will give a brief presentation on an allergy/immunology topic of their choice.
5. The student is expected to do all in-hospital consults during the week and present these to the attending on call.

Course Objectives

- Learn how to take a targeted history for allergic/immunologic conditions and perform a focused physical exam
- Gain exposure to common procedures performed in allergy clinic, including skin testing, food challenges, drug challenges, allergen immunotherapy, etc.
- Learn how to diagnose and treat hypersensitivity reactions.
- Learn step-wise approaches to managing chronic conditions such as asthma, chronic urticaria, and atopic dermatitis
- Understand medical management and lifestyle interventions for achieving control of rhinitis
- Understand the typical presentation of various food allergies
- Become familiar with the basic approach to a patient with suspected immunodeficiency.

Student Experiences

COMMON PROBLEMS/DISEASES
- Anaphylaxis
- Angioedema
- Asthma, including severe asthma
- Rhinitis, allergic and non-allergic
- Sinusitis
- Nasal Polyps
- Urticaria
- Food Allergy
- Venom Allergy
- Drug Allergy
- Atopic Dermatitis
- Contact Dermatitis
- Eosinophilic Esophagitis
- FPIES (Food Protein Induced Enterocolitis Syndrome)
- Immunodeficiency
- Hypogammaglobulinemia
- Recurrent Infections

INPATIENT: 10%
OUTPATIENT: 90%
CONSULTATION: Yes
## Allergy Immunology

### Typical Schedule

| Approx. # of Patients Evaluated/Week by Student | 8                          |
| Approx. # of Patients Eval./Each Week by Service | 30                         |

| Typical Monday | 7:30AM: Sign-in  
| | 7:30-8:30AM: Work rounds  
| | 8:15AM-12:15PM: Adult allergy clinic  
| | 12:15PM-1:15PM: Noon conference  
| | 1:15PM-4:30PM: Core Curriculum |
| Typical Tuesday | 7:30AM: Sign-in  
| | 7:30-8:30AM: Work rounds  
| | 8:15AM-12:15PM: Core curriculum  
| | 1:15PM-4:30PM: Pediatric allergy clinic |
| Typical Wednesday | 7:30AM: Sign-in  
| | 7:30-8:30AM: Work rounds  
| | 8:15AM-12:15PM: Core curriculum  
| | 12:15PM-1:15PM: Noon conference  
| | 1:15PM-4:30PM: Core curriculum |
| Typical Thursday | 7:30AM: Sign-in  
| | 7:30-8:00AM: Work rounds  
| | 8:00AM-9:00AM: Pediatric Grand Rounds  
| | 1:15PM-4:30PM: Pediatric Allergy Clinic |
| Typical Friday | 7:30AM: Sign-in  
| | 7:30-8:30AM: Work rounds  
| | 8:15AM-12:15PM: Core curriculum  
| | 12:15PM-1:15PM: Noon conference  
| | 1:15PM-4:30PM: Core curriculum |

| On-Call Schedule | None – optional |
| Weekend Activities | None |

| Additional Comments/Special Requirements |  |