Undergraduates Gaining Research Opportunities
For the Cancer Workforce

U-GROW

U-GROW is a program led by Cedars-Sinai Cancer in Los Angeles for students from the eight greater Los Angeles-area campuses of the California State University system. We are an undergraduate research education program whose goal is to diversify the public health workforce. Through internships, mentorship, and training we prepare promising college students from communities disproportionately affected by cancer health disparities for research careers that promote health equity.

U-GROW is a year-round commitment. Recruitment for our Summer 2024 Scholars will begin in early Fall 2023.

Summer Program Components

Summer Institute (40 hrs)
• Early June 2024 on Cedars-Sinai’s campus
• A week-long introduction to cancer disparities research, diverse researcher role models, and a network of supportive and motivated peers

Summer Internship (20-40 hrs/week)
• 180-360 hour paid internship with a Cedars-Sinai researcher (minimum 20 hrs/week for 9 weeks total)
• Internships will expose scholars to cancer disparities research and introduce them to research methods & ethics
• Internships are paid, so holding full-time employment over the summer is strongly discouraged.
• Successful completion of the internship depends on a satisfactory evaluation from your mentor and your participation in an end-of-summer poster presentation

Scholars-in-Training Meetings & Presentation at Summer Poster Session (30 hrs)
• 2-hour biweekly cohort meetings over the duration of the internship period
• Led by U-GROW’s Internship Coordinator, scholars will educate each other on the projects they are working on in order to develop a broader understanding of cancer disparities research
• Scholars will prepare a poster for an end-of-summer poster session
Fall, Winter, Spring Program Components

*Monthly Virtual Scientific Communications Workshops* (40 hrs)
- A community of practice for writing, speaking, and presenting about science
- Prepare and workshop documents for admission to graduate programs (personal statement, statement of research interests)

*Virtual Roundtable Discussions* (10 hrs)
- Learn skills for navigating academia, finding mentorship, and building a support network

*Graduate Application Support Award (GASA)*
- $500 support scholarship covers application costs and exam preparation costs

**How to Apply**

**Check Your Program Eligibility**
1. CSU Juniors, seniors, or alumni within one year of graduation from Cal Poly Pomona, Channel Islands, Dominguez Hills, Fullerton, Los Angeles, Long Beach, Northridge, San Bernardino
2. Good academic standing (minimum GPA of 3.0)
3. Strong communication and organizational skills
4. An interest in learning about cancer disparities and cancer control research is required. Research experience is *not* required.

Attend a U-GROW Information Session to learn about the program and hear application tips. Information session dates and times will be advertised in Fall 2023.

**Mark Your Calendar**

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<td>Application materials due</td>
<td>January 2024</td>
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<tr>
<td>Scholars Announced</td>
<td>March 2024</td>
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<tr>
<td>U-GROW Summer Institute</td>
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<td>Internship Period</td>
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Get in touch with questions or subscribe to program updates [here](#). And please give us a follow on Instagram [@ugrow_publichealth](#) & LinkedIn.