Welcome to Cedars-Sinai Anesthesiology, and thank you for taking an interest in our residency program! We truly believe that we are a part of one of the top anesthesia training programs in the country, and we can't wait to share with you exactly what makes Cedars-Sinai Anesthesiology so special.

First and foremost, our residents consider themselves to be part of a large family rather than co-workers. Our medium-sized program of 14 residents per year is just the right size. It allows us all to get to know one another and create lasting friendships. Prior to the COVID-19 pandemic, you could find us having happy hour together after work, hanging out at the beach or eating at one of the many amazing restaurants Los Angeles has to offer. We look forward to doing this once we can safely gather again.

The Anesthesia intern year at Cedars-Sinai is truly unique and models that of a transitional year. Interns rotate in almost every department the hospital has to offer including General Surgery, Surgical Subspecialties, Internal Medicine, Neurology, Pulmonology, Cardiology, Emergency Medicine, Critical Care Medicine and, of course, Anesthesiology. The diversity of rotations not only provides a solid foundation of medical knowledge, but also allows us to meet almost every resident and attending in the hospital. Not a day goes by where we do not cross paths with someone from intern year. Our program director, Dr. Roya Yumul, is constantly adjusting the intern year based on our feedback, as she aims to make it the most beneficial experience possible.

As intern year comes to an end, the department's focus shifts to transitioning every intern into a fully functioning anesthesia resident. Every intern is paired with a senior resident and a team of attending mentors whose goal is to make sure that every new CA-1 is ready to provide safe anesthesia care. During this time, a wide range of didactics is given, covering everything from airway management to OB anesthesia to safe patient positioning.

One of the strongest aspects of our program is our subspecialties and the introduction of them during CA-1 year. All CA-1s rotate in OB, Regional, and Acute/Chronic Pain with CA-2’s completing an additional month of each. Cedars-Sinai has one of the highest OB volumes in the nation and our regional rotation occurs in the state-of-the-art Advanced Health Sciences Pavilion. In addition, our Cardiac rotation is second to none. Cedars-Sinai performs the most heart transplants per year in the world. In fact, Dr. William Swan and Dr. Jeremy Ganz invented the Swan-Ganz catheter right here at Cedars-Sinai.

At the completion of residency, our residents are proficient in all aspects of anesthesiology thanks to not only our amazing subspecialties, but also to the hospital's patient volume and diversity. Cedars-Sinai Medical Center is an 886 bed, tertiary care center, and Level 1 Trauma Center perfectly located in the Mid-City West area of Los Angeles. It boasts a large catch area which allows us to see the most complex pathologies.

When we are not in the operating room, our department gives us all the resources needed to succeed on the ITE, and Basic/Advanced ABA exam. We are given textbooks, and access to True
Learn and Learnly all of which help us prepare for the exams. In addition, Dr. Yumul hosts dedicated board review sessions in which we are excused from clinical duties and are able to focus on exam review while of course being fed! (pre-COVID) These sessions have proven to be invaluable.

Lastly, there is no better city to live in than Los Angeles. There is endless food, culture and entertainment to keep you busy for four years and beyond. Where else can you surf and ski in the same day?! You can also drive to Palm Springs, Mammoth, San Diego, Santa Barbara or any of the nearby national parks for a quick getaway. Living in such a diverse city with so much to offer allows you to enjoy your days away from work even more!

Ultimately, we believe that Cedars-Sinai Anesthesiology truly provides the best education, training and work-life balance. Whether you seek to pursue fellowship, private practice, research or academics, the department will fully support and help you in any way possible.

Thank you again for your interest in our program, and we look forward to being a part of your Anesthesia training. Please do not hesitate to reach out to any of us!

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