

Welcome to Cedars-Sinai Anesthesiology and thank you for taking an interest in our residency program! Cedars-Sinai is the #2 ranked hospital in the nation in *U.S. News & World Report's* "Best Hospitals 2022-2023" rankings, and as one of the top anesthesia training programs in the country, we're excited to share with you what makes Cedars-Sinai so special!

First and foremost, our residents consider themselves to be part of a large family rather than co-workers. Our medium-sized program of 14 residents per year allows us all to get to know one another personally and create lasting friendships. Living responsibly amid the pandemic, you can find us having happy hour together after work, hanging out at the beach, hiking to the Hollywood sign, or eating at one of the amazing restaurants Los Angeles has to offer.

The Anesthesia intern year at Cedars-Sinai is unique, modeling that of a transitional year. Interns rotate in almost every department at the hospital including General Surgery, Surgical Subspecialties, Emergency Medicine, Internal Medicine, Neurology, Pulmonology, Cardiology, Critical Care Medicine, Acute Pain, Preoperative Clinic, and, of course, Anesthesiology. The diversity of rotations not only provides a solid foundation of medical knowledge, but also allows us to meet residents and attendings across almost every specialty. Over the course of residency, not a day goes by where we do not cross paths with someone from intern year. Our program director, Roya Yumul, MD, is constantly adjusting the intern year based on our feedback, as she aims to make it the most beneficial experience possible.

As intern year comes to an end, the department's focus shifts from intern to anesthesia resident. This transition begins with an "Anesthesia Bootcamp," where new CA-1s are introduced to anesthesiology basics via a wide variety of didactics and simulations covering everything from the anesthesia machine and monitors, to pharmacology, hemodynamics, fluid management, electrolyte management and patient positioning. Every CA-1 is paired with a senior resident and a team of attending mentors whose goal is to make sure that every new CA-1 is ready to provide safe anesthesia care.

One of the strongest aspects of our program is our subspecialties and the introduction of them during CA-1 year. All CA-1s rotate in OB, Regional, Neuro, Cardiovascular and Thoracic Anesthesia, as well as ICU and Acute/Chronic Pain. CA-2s complete an additional month in many of these rotations, while also participating in a full month of Liver Transplant Anesthesia and two months of Pediatric Anesthesia at Children's Hospital Los Angeles. Cedars-Sinai has one of the highest OB volumes in the nation and our regional rotation occurs in the state-of-the-art Pavilion. In addition, our Cardiac rotation is second to none. Cedars-Sinai performs the most heart transplants per year in the world. In fact, William Swan, MD, and Jeremy Ganz, MD, invented the Swan-Ganz catheter right here at Cedars-Sinai!

At the completion of residency, our residents are proficient in all aspects of anesthesiology, thanks to our amazing subspecialties, incredible faculty, and to the hospital's patient volume and diversity. Cedars-Sinai is an 886-bed, tertiary care, Level I trauma center perfectly located in the Mid-City West area of Los Angeles. It boasts a large catch area which allows us to see the most complex pathologies.

When we are not in the operating room, our department gives us an abundance of resources to succeed on the In-Training Exam (ITE) and Basic/Advanced ABA exams. We are given textbooks and access to True Learn and Learnly, all of which help to prepare for the exams and flourish in the operating rooms. In addition, Yumul hosts dedicated board review sessions, in which we are excused from clinical duties and able to focus on exam review, while of course being fed! These sessions have proven to be invaluable.

Lastly, there is no better city to live in than Los Angeles. There is endless food, culture and entertainment to keep you busy for four years and beyond. Where else can you surf and ski in the same day?! You can also drive to Palm Springs, Mammoth, San Diego, Santa Barbara or any of the nearby national parks for a quick getaway. Living in such a diverse city with so much to offer allows you to enjoy your days away from work even more!

Ultimately, Cedars-Sinai Anesthesiology provides the best education, training and work-life balance. Whether you seek to pursue fellowship, private practice, research or academics, the department will fully support and help you in every way.

Thank you again for your interest in our program, and we look forward to being a part of your Anesthesia training. Please do not hesitate to reach out to any of us!

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